

Keep it safe and legal



We recommend that every cake you sell is clearly labelled with the following:

- list of ingredients
- the date the cake was baked on
- a suggestion as to how long it can be stored for (if the recipe provides it).

Bake it Better™
www.bakeitbetter.org

We are so grateful to you for fundraising for Great Ormond Street Hospital Children's Charity and your safety and wellbeing is our priority. With this in mind, please ensure you adhere to all laws and health and safety guidelines when organising and holding your cake sale or Bake It Better event.

As you are selling food, you will need to comply with regulations applying to specific types of food. The Food Standards Agency provides lots of easy to understand guidance on what you need to do and when you need to do it.

Even if there is no legal requirement to label the food, it can be done voluntarily. We recommend that every cake you sell is clearly labelled with the following:

- list of ingredients
- the date the cake was baked on
- a suggestion as to how long it can be stored for (if the recipe provides it).

Listing ingredients is particularly important for anyone with food allergies, especially for children or adults with nut allergies. So make sure this information is accurate.



Ingredients

Date

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