

# Gabby Gets a Bruise



## Peppy Pals



GREAT  
ORMOND  
STREET  
HOSPITAL  
CHARITY



Helping children through life's challenges

Erik Wonnevi



## About the book

Peppy Pals is a series of award-winning mobile games, books and movies about the five animal friends Sammy the horse, Reggy the dog, Gabby the rabbit, Izzy the owl and Kelly the cat, each of whom have unique personalities.

The book-series focuses on friendship, emotions, teamwork, and appreciating one another's differences. Peppy Pals is a great conversation starter for adults and children. Remember, all emotions are allowed and worthwhile.



## The plot

Gabby is hungry and tries to harvest a carrot from the garden. Reggy offers to help but something happens that causes Gabby to cry. This book is about asking for help and managing unexpected situations.



## Tip

Look at the front cover together. What is happening in the picture? What emotions do the friends show? What do you think will happen on the next page? At the end of the book you will find “Questions to discuss” that you can use as conversation starters. Try to go through the scenario in the Peppy Pals’ app and assign words to the different emotions that the friends show. This will make learning both more fun and more interactive!

Peppy Pals

# Gabby Gets a Bruise



Text: Erik Wonnevi

Pictures: Giuseppe Lacapra & Peter Wilhelmsson



One hot summer's day, Gabby is out in the carrot patch. Gabby has been saving the biggest, finest carrot in the middle of the garden.

Today it is finally time to eat it.



Gabby hops eagerly towards the carrot and tries to pull it out.

But, it is not that easy.



“Oh! The best carrots are always the hardest to harvest,” huffs Gabby, stomping the ground angrily.

Gabby tries to pull the carrot in every possible way, but it will not budge.

“Come on, you silly carrot!” explodes Gabby, feeling frustrated.

“Looks like I will not be getting any carrots today...”  
Gabby sighs, giving up.

Gabby is disappointed and tired after all that hard work.



Reggy, who has been taking a morning stroll, passes the carrot patch and sees Gabby struggling with the stubborn carrot.

“Would you like me to help you?” asks Reggy.

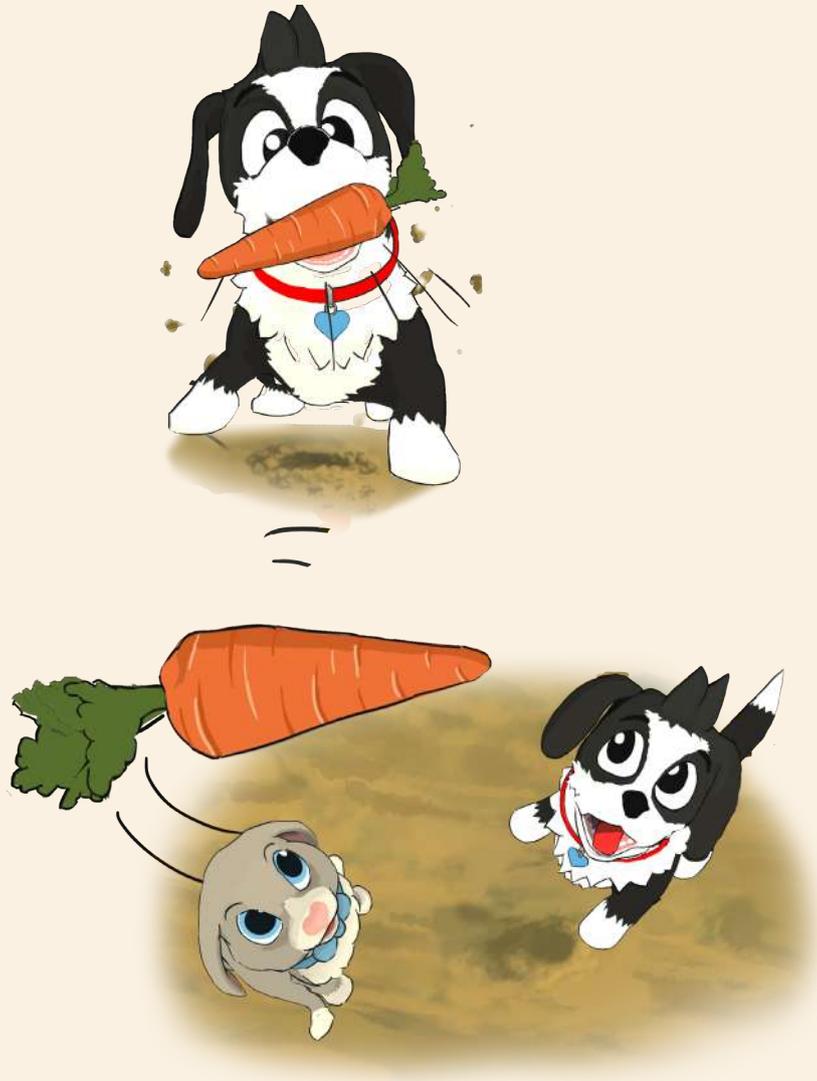
“It’s no use. I’ve tried several times,” whispers Gabby.





“We’ll see about that,” Reggy says confidently, biting down on the carrot and pulling with all the might a dog can muster.

Suddenly, the carrot flies up out of the field. The carrot spins several times in mid-air.





“Oh!” cries Reggy in surprise.

Then Reggy realizes that the carrot is about to land right on Gabby’s head.

“Watch out!” warns Reggy, but it is too late. The carrot hits Gabby right on top of the head.



“Ooooouccch!” Gabby shrieks in pain, with tears streaming in every direction.

This was certainly not what Reggy intended.  
“Oh no, I’m sorry. I didn’t mean to. Are you okay?”  
asks Reggy.

Gabby does not answer, but continues to cry.





The carrot had landed a few feet away.  
“Look! There’s your lovely carrot,” Reggy says.



Gabby is still crying. A big, red bruise has started to form on top of Gabby's head.

"I don't want that silly carrot anymore," whines Gabby.



Reggy fetches the carrot and puts it gently in front of Gabby.

“But look how nice the carrot is,” continues Reggy, trying to cheer Gabby up.

Reggy tries to comfort Gabby by offering a gentle nuzzle and a friendly lick.

Reggy's affection does not make the pain go away, but Gabby does feel a little happier.

Gabby picks up the carrot and is ready to dig in, scarfing down the carrot in one big bite.





Then, Gabby lets out a loud burp.

“Oh, sorry!” Gabby says, and the friends burst into laughter.

*You don't have to manage everything by yourself, thinks Gabby, but I am proud that I tried my best. It was kind of Reggy to offer to help, especially since Gabby sometimes has a hard time asking for help.*

*When do you ask for help? Who do you ask?*



## Questions to discuss

- ♥ Gabby stomped the ground angrily. What do you do when you are angry?
- ♥ How do you know when a friend is angry? How does it show?
- ♥ How do you know when an adult is angry? What do you think makes them feel angry?
- ♥ Reggy helped Gabby pull the carrot out of the dirt. What do you do when you help a friend?
- ♥ How does it feel when a friend helps you?
- ♥ How do you feel about asking for help?
- ♥ Gabby gets bruised and becomes sad. How do you think that makes Reggy feel?
- ♥ Reggy really meant to help Gabby with the carrot, but it went wrong anyway. How would you feel if you were Reggy?
- ♥ What do you do when you want to comfort others? How do you like to be comforted?
- ♥ What do you think Gabby and Reggy learned?
- ♥ What can Gabby do differently the next time?

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GREAT  
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The  
**POWER**  
of  
**PLAY**

Helping children through life's challenges

*Peppy Pals are supporting Great Ormond Street Hospital Children's Charity to show how play can help all children through life's challenges, big or small.*

*Explore [gosh.org/play](http://gosh.org/play)*

The author, Erik Wonnevi, is a game designer and the writer of the animal friends series. Psychologist Bodil Wennberg, one of the pioneers of Emotional Intelligence (EQ) in Sweden, has written the discussion questions accompanying the books.

