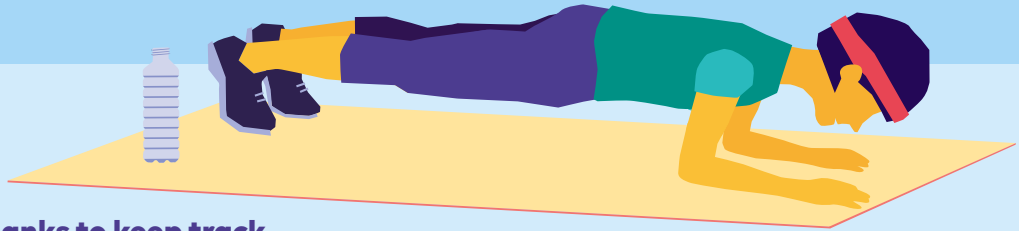




GREAT ORMOND STREET HOSPITAL CHARITY

# 30 DAY Planking Challenge in June



## June tracker

Record your daily planks to keep track of your progress.

DAY 1 <b>START</b>	DAY 2	DAY 3	DAY 4	DAY 5 You've got this!
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
DAY 11	DAY 12	DAY 13 Keep going!	DAY 14	DAY 15 <b>HALF WAY</b>
DAY 16	DAY 17	DAY 18	DAY 19	DAY 20
DAY 21	DAY 22	DAY 23	DAY 24	DAY 25
DAY 26	DAY 27 Nearly there!	DAY 28	DAY 29	DAY 30 <b>FINISH</b>

Set up your fundraiser:



## Congratulations!

You've reached the end of your 30 Day Planking Challenge in June. You are amazing!

Thank you so much for supporting Great Ormond Street Hospital Children's Charity.