

Winter 2013

lifeline



Great
Ormond
Street
Hospital
Charity

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**the fantastic
research that
could transform
the lives of
cancer patients**

**how rebuilding the
hospital is making
a difference**

**the rare
condition
we're helping
George to fight**



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inside

- 04** All the latest hospital news
- 08** Our groundbreaking research into cancer treatments
- 09** We update you on the hospital's redevelopment
- 10** George's rare condition that explained his cancer
- 12** Find out why having play specialists is so important
- 14** The heart transplant Ellie had at just two years old
- 16** See how much money you've raised and how it's helped us
- 18** Read a few of our fantastic fundraisers' stories
- 22** We highlight some events you might like to support



hello

Hi, I'm Matt, your guest editor.

Having cystic fibrosis can make it hard for me to breathe and digest food. I take at least 40 tablets a day, but now it's just part of my life. Like cystic fibrosis patients Sophie, Angel, Jack and Ellie (on pages seven, 18 and 21), it's good for me to keep fit and active. Luckily, I love skateboarding, BMXing and golf! You can find out more about me on page 13, and read my interview with Play Specialist Lizzie. Play is important - having things like iPads and Wi-Fi at the hospital helps

us relax, and knowing the staff makes it a nice experience. I was in hospital until Christmas Eve last year. I got to meet Gok Wan! I'd like to say 'hi' to all the patients being looked after at the hospital this year. Thank you to Great Ormond Street Hospital and to all the charity's supporters for helping me have the best treatment possible.

Matt



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The children's drawings in the background on this and other pages were created by our Friends members.

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hospital performs 500th transplant



»»» Surgeons at Great Ormond Street Hospital have performed an amazing 500 transplants involving the heart and/or lungs.

The first operation – a heart transplant – was performed 25 years ago.

Since then, the hospital has become one of the largest children’s heart and lung transplant centres in Europe, with about 25 heart and lung transplants carried out every year. There has also been huge progress in technology, treatment and outcomes for children having these operations.

In total, surgeons at the hospital have carried out 351 heart transplants, 68 lung transplants and 81 heart-and-lung transplants.

In 2012, premature baby Sarah had a heart transplant at the age of just 23 days, making her the youngest surviving transplant patient in the UK at the time. The

same year, four-year-old Mason (pictured left) became the smallest person ever to undergo a double lung transplant in the UK.

Now, the hospital’s cardiac team, led by Paediatric Cardiologist and Director of Cardiothoracic Transplantation, Dr Mike Burch, is starting to explore how using a patient’s own stem cells might help the heart repair itself while a donor heart is being found.

Dr Burch hopes that one day, this technology might remove the need for organ transplants altogether.



Double-lung transplant patient Mason and family



Dr Mike Burch

achieving zero harm

»»» Great Ormond Street Hospital has been recognised for its work to achieve zero harm by winning the Patient Safety in Paediatrics Award – part of the 2013 Patient Safety

Awards. One of the award judges said the hospital gave patients and their families and friends “a better experience, a safer experience and a more integrated experience of healthcare”.





new operation transforms lives

Niamh, eight, the first child to have the life-changing procedure at GOSH

>>> Great Ormond Street Hospital (GOSH) is now able to offer children with a particular type of cerebral palsy a life-changing procedure that can allow them to stand and walk independently for the first time. The procedure, called selective dorsal rhizotomy (SDR), reduces painful muscle spasms in children with spastic diplegic cerebral palsy, which is caused by injury to the developing brain and is often associated with premature birth.

SDR involves electrically stimulating nerve roots that arise from the lower spinal cord. The responses from these roots identify the nerves that contribute to the

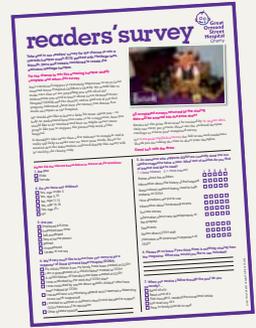
spasticity and therefore need to be cut by the surgeon.

Identifying those children who will benefit from SDR requires assessment by a specialist team of experts from disciplines including neurosurgery, neurodisability, neurophysiology, paediatric orthopaedics and specialist physiotherapy. There is high demand for the surgery, which is less invasive than alternatives and suitable for children as young as three.

Many families previously travelled to the Center for Cerebral Palsy in St Louis in the US for treatment.

The specialist team at GOSH hopes more children will be treated by the NHS in the future.

thanks for your feedback



>>> Thank you for the great response to the readers' survey that came with the summer issue of *Lifeline*. We really value your feedback. Great news for us is that over 80 per cent think that the amount of communications we send is about right. The same proportion are highly satisfied with our communications. Some respondents said they were not aware of how donations are being used, so we will continue to use *Lifeline* to share this information. Congratulations to Mrs Croson from Nottingham who was randomly selected from the responses to win a luxury Harrods hamper!



a chance for life outside the bubble

»»» A baby who was born without an immune system is trialling a world-first gene therapy cure to give her the chance of living outside a sterilised environment.

Nina, 21 months old, suffers from severe combined immunodeficiency, an inherited condition also known as bubble boy disease. It means that Nina's body is unable to fight germs – catching a cold could kill her. When Nina was diagnosed at five weeks old, she was found to have multiple infections including advanced pneumonia.

Nina needed an urgent bone marrow transplant and was getting sicker by the day as she waited for a

match. Parents Graeme and Aga had been left with few choices, so they made the decision to try the radical new treatment, devised by doctors at Great Ormond Street Hospital.

The treatment works by re-engineering Nina's own bone marrow to add a vital missing gene. Doctors hope this will reboot her defence systems. Nina has been able to return home to be with her parents and sister Mia.

The family will not know until Christmas whether the therapy has succeeded in getting Nina's body to start producing its own immune system. So for now, the house must remain a quarantine zone.



Nina being treated in hospital (right) and at home with mum Aga (above)



Artist's impression of the completed centre

Premier target for new building

»»» Whitbread Hotels and Restaurants has pledged to raise a total of £7.5 million towards construction of the hospital's Premier Inn Clinical Building. Since announcing Great Ormond Street Hospital Children's Charity as its nominated charity in May 2012, it has raised over £1 million. Much future fundraising is expected to take place in its

650 Premier Inn hotels and 380 restaurants across the UK. The building, due to open in 2017, is the second part of the new Mittal Children's Medical Centre.

For an update on how the redevelopment is already changing children's lives and why we still need your help, see page nine

raffle hits the £1 million mark



>>> We are delighted to announce that you have helped us raise over £1 million through our raffle programme since March 2011. We'd like to thank everyone who has taken part. We now have two draws a year and the next raffle will be sent

in March 2014. There are over 20 prizes to be won, with a top prize of £5,000, so don't miss out!

If you would like to take part please contact us on 020 7239 3131 or email supporter.care@gosh.org



“ Next year I'm going to... get up earlier! Sophie, 12 ”

help us while you shop

>>> Send someone one of our animated ecards and 100 per cent of the proceeds will go to the hospital. You can also support the charity by purchasing the newest member of our bear family.

When we asked you to help us name him we received an amazing 1,400 suggestions! Thank you for all the great ideas – Bernard was selected as it means 'brave and strong', which perfectly describes so many of the children at the hospital.

- The Disney Store is donating 25 per cent of the sale price of its Christmas wrapping paper and gift tags – and you can also donate Disney Movie Rewards scheme points to us.

Designed by patient Jessy, eight



Bernard the bear



To choose an ecard (from just £3) or buy your own Bernard Bear (£12), visit gosh.org/shop or call 0844 858 9324. To convert Disney Movie Rewards points into a donation, visit disneymovierewards.co.uk/rewards

a kinder way to treat cancer



A vital research project could make all the difference to children being treated for aggressive cancers

One of Great Ormond Street Hospital's research leaders has been making incredible breakthroughs in cancer treatments.

Dr John Anderson is researching the use of gene therapy to 'reprogramme' cells in children's immune systems to attack cancer cells. Currently, childhood

"Parents can't cuddle their children"

cancers are treated with chemotherapy and radiotherapy but these toxic treatments can be extremely tough on children's fragile bodies and result in horrible side effects – skin can



Dr John Anderson

become so sore that it can't be touched and muscles can ache so much that parents can't even cuddle their children. Dr Anderson works directly with patients on our wards to inform his studies in the laboratories at the UCL Institute of Child Health (ICH), our research partner. The new treatment, which Dr Anderson hopes to continue researching,

promises to be far more precise and gentle.

It would mean less time in hospital and less distress for children and their families. It would also carry fewer long-term risks.

With your continued support, this work could change the future for generations of children.

Laboratory work takes place at the ICH

To find out about more research projects we are fundraising for, and also our Centre for Children's Rare Disease Research, please visit gosh.org/research

talking to...



Rosalind Smyth, Director, ICH

“Since joining the UCL Institute of Child Health (ICH) in October 2012, I have planned, with colleagues, a new academic strategy to build on the superb position that the ICH holds with

its clinical partner, Great Ormond Street Hospital. There are certain features that are unique to the ICH and we have identified five programmes of research that encompass all the ICH's current strengths: genetics and genomic medicine; infection, inflammation and immunity; population policy and practice;

developmental biology and cancer; and developmental neurosciences. Much has been achieved already, and I am confident that this new strategy will enable us to drive forward research that will impact even more on the lives of children and the adults they will become.



new building delivers top-class care to more patients

The Morgan Stanley Clinical Building

A report earlier this year shows that the newly opened Morgan Stanley Clinical Building is having a major impact on children's lives



Patient Susanna



Last year saw the opening of the Morgan Stanley Clinical Building – the first part of the Mittal Children's Medical Centre.

Three of the biggest clinical specialties have moved into the new facilities and it has meant the hospital will be able to treat thousands more patients. In 2012/13 we provided an estimated

and we have more cardiac intensive care beds on the new Flamingo Ward. Parents have praised the more spacious new wards. Yvette, mum of Charlie, said: "When I first saw Eagle Ward I was amazed. Everything has been really well thought out for both the child and their family."

The greater privacy offered has also been welcomed. Patient Susanna said: "On the old ward, I didn't have my own bathroom so to go to the toilet I had to unplug myself from my monitoring equipment every single time, which was a real pain. On Koala Ward, I have my own en suite."

Comfort has been improved too and there are

areas to wait as a family – Paul, dad of Indy, said: "When your child is in intensive care, having your own space becomes really important. It means you can discuss things properly with staff and as a family."

Families have found that playrooms are better equipped and there are

"You can discuss things properly"

areas for older children. Cherie, mum of Oliver, said: "Having a chill-out room is his favourite bit."

Work now continues on the second part of the centre – the Premier Inn Clinical Building. Once this opens in 2017, we can reach our goal of treating up to 20 per cent more children.

We still need to raise £30 million to complete the next phase of the redevelopment. Please visit gosh.org/donate

"I had to unplug myself from my monitoring equipment every time"

30.29 per cent more cardiac services over 2011/12, 9.45 per cent more neuro services and 10.14 per cent more renal services. The building also provides an additional operating theatre



back to normality

After bowel, bladder and kidney problems, then a fast-growing tumour, a rare immune deficiency started to explain it all...

For his first few years of life, George was a healthy little boy with no problems other than slight asthma. Then in 2011, when he was four, he started having bouts of sickness and stomach cramps. "He would perk up for a while but then it would happen again," says mum Jo. Tests at his local hospital only showed he was anaemic but Jo says: "You

know when your own child is not right."

After the pattern of sickness continued for about a year, more tests were done in July 2012. A doctor felt a mass in George's stomach, thought to be an abscess, and referred him to Great Ormond Street Hospital (GOSH). GOSH then found that George had a

fistula (an abnormal passageway linking two organs) between his bowel and bladder, and that the mass was blocking a kidney, so he was fitted with an ileostomy bag and catheters. Jo, pregnant at the time, says: "That was all exactly a week before I was due to



George with baby sister Ella and big sister Sophie

have a C-section.”

Just four days later, George was diagnosed with fast-growing B-cell lymphoma (cancer of the B-cells) in his abdomen.

GOSH organised for Jo to have her baby at a nearby hospital while George was having procedures to prepare him for chemotherapy.

Meanwhile, the doctors knew that George's tumour could not have been present

“We were able to be together for Christmas”

as far back as 2011. Further tests revealed he had a rare condition called XLP immune deficiency – and that it was congenital.

“It means his body doesn't produce the cells that help it fight cancer,” says Jo.

“We were told that he would keep getting tumours unless he had a bone marrow transplant.”

Only males develop the condition. Jo says: “Luckily my baby, Ella, was a girl.”

The chemo went on until last December and the

family was looking forward to having George home for Christmas but he developed mucositis, an inflammation of the mucous membranes lining the digestive tract. Jo says: “I stayed overnight in his room at GOSH on Christmas Eve with Ella,

then George's older sister Sophie and my husband came

with presents at 5am so we were there when George woke up. He wasn't 100 per cent but we were able to be together and that was the main thing.” George had his



George was in isolation for three months

transplant in January.

“I was really amazed,” says Jo. “The donor gave their blood and then George got hooked up to have it intravenously. That was actually the easy part!”

After three months in isolation, George went home in April.

“We were excited to have him back,” says Jo, “but we felt nervous and daunted.”

Their fears became a reality when George was rushed to hospital a few weeks later, suffering from fits – a reaction to his anti-rejection medication.

He was prescribed anti-seizure drugs and in August, the family were finally able to have their first holiday.

“It's nice to be back to

“You don't realise just how fantastic it is”

normality,” says Jo. “He has so much more energy now.”

The family have learnt to be prepared for whatever may happen, but Jo says: “Fingers crossed! Hopefully we should be at home together this Christmas. Until you've been in this situation, you don't realise just how fantastic the hospital is – the consultants, nurses, everybody.”

Please donate to our Christmas stocking appeal to help more children like George. Call 020 7239 3131 or visit gosh.org/donate

working hard at play

“Hi, I’m Matt, your guest editor, and I interviewed my play specialist Lizzie Penn in The Den – one of the really cool areas in the hospital for teenagers like me.”

What does your job involve?

I work with children from the day they are born until late teens. It’s very diverse. I prepare them for operations and try to distract them when they are having their procedures done. If anyone is having problems getting through something like physiotherapy or they don’t want to eat, I try to come up with fun ways to help them. I also try to relieve boredom, which is probably the biggest part of the job and the hardest part.

Who do you work with as well as the patients?

A lot of patients have brothers and sisters who come in and they get bored too so we work with them as well. I also work with physiotherapists, dietitians, the school, social workers and lots of psychologists – we all work as a team. That’s one of the nicest things about the job.

What wards do you work on?

I work on Badger Ward, intensive care, neonatal intensive care and the sleep unit. Badger is for children with respiratory, airway and lung problems so we deal with children with lots of conditions – but one of the main ones is cystic fibrosis. We have children who come in for two to three weeks, sometimes every two or three months, but we’ve also had children who have been here over a year. We try to turn their bed space into a home-from-home.

What do you like most about your job?

No two days are ever the same. I like meeting and working with so many different people – I’ve been at the hospital for 15 years and worked with thousands of children! I get to go to different wards and every single thing I do is different from the day before, which is brilliant.

Can you tell me about the equipment the hospital uses for patients like me?

Cystic fibrosis medication can cause problems with bone density so children are scanned to check them. We’re hoping to get a new bone scanner soon. The technology of these brilliant new machines means the time taken to scan is shorter. As you know, you have to keep as still as possible, which is difficult for younger children.



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watch it
online



talking to...

Allison,
mum of
Matt, 15

MM **Matthew**
was diagnosed
with cystic fibrosis
when he was four

– usually it's diagnosed soon after birth. We'd had another son, Daniel by then – a lot of people wouldn't have had another child as there would have been some risk of them having it too. The hospital did a sweat test on Daniel and Matthew's older sister Kathryn and the tests were negative. Matthew's first visit to Great Ormond Street Hospital was in April 2003 and the treatment (intravenous antibiotics) started to make a difference straight away. The current predicted life expectancy is 41. In the 1960s it was five. If Matthew keeps healthy and active, his lungs will be in better condition for longer. He goes to the hospital about every three months – more often if he's not well. Normally he starts his treatment there, then comes home with a line in and I give him the injections. He's had about 10 admissions, the longest for two weeks. The care has been very good. Most of the team have been there a long time, which is reassuring to a child. Matthew takes it all in his stride.

Is there anything you'd like to say to supporters?

I'd like to say a very, very big thank you. We couldn't do our job as well as we can without the support of everybody helping us. The things we are able to give the children during the year are incredible. At Christmas it's so important to give that little bit extra. We are able to do that thanks to you.

What's it like to work in the hospital at Christmas?

It's our busiest time. We try to get patients home for Christmas but for those who have to stay, we realise it can be really difficult. We have parties so brothers and sisters can come up and there's lots of fun stuff. We know it's not home, but hopefully everybody working together makes it as good as it possibly can be.

If you would like to make a special Christmas donation, please call fundraising on 020 7239 3131 or visit gosh.org/donate

Ellie's second chance

To look at Ellie now, it's hard to believe that two years ago she was in a coma being rushed to Great Ormond Street Hospital...

In December 2010, when Ellie was 19 months old, she suddenly didn't want to walk. "We thought walking had just lost its novelty," says mum Debbie. "But Ellie also seemed to have lost energy." A visit to the

GP revealed nothing of major concern, but by New Year Ellie had begun to get distressed and her breathing became laboured. After two more visits, the GP recommended taking Ellie to the local hospital, where

it was initially believed that she had a chest infection and was dehydrated.

She stayed overnight, then after further tests her parents were told she had dilated cardiomyopathy, a heart condition thought to have been caused by a virus.

"We hadn't even heard of it," says dad Simon. "We were told she had a one in three chance of making a full recovery, a one in three chance of being on medication for the rest of her life, and a one in three chance of needing a transplant. We were clinging on to the first."

Ellie was transferred to Oxford's John Radcliffe

Hospital and given various medications. Twelve days

“I don’t know how we would have managed”

later Ellie was discharged.

“She had good days and tired days but we were thinking maybe it was not so bad,” says Simon. “But then she started showing the same symptoms again.”

Ellie was in and out of hospital as her medication was adjusted, but it soon became clear that she wasn’t responding well. It wasn’t long before her condition became critical and she was put into a coma to travel by ambulance to Great Ormond Street Hospital (GOSH). She was placed on the list for a heart transplant on the same day.

Until the transplant could take place, she would need a Berlin Heart – a machine as big as a filing cabinet that performs the function of a real heart. “Fitting it was a risky operation and Ellie was very weak at the time,” says Debbie. The machine was fitted successfully but being attached to it meant that Ellie couldn’t leave the hospital. Thankfully, her parents were able to stay in nearby accommodation funded by the charity. “I don’t know how we would have managed otherwise,” says Simon. “The hospital care was unbelievable.”

After five months, during which time Ellie suffered a stroke, an offer of a heart

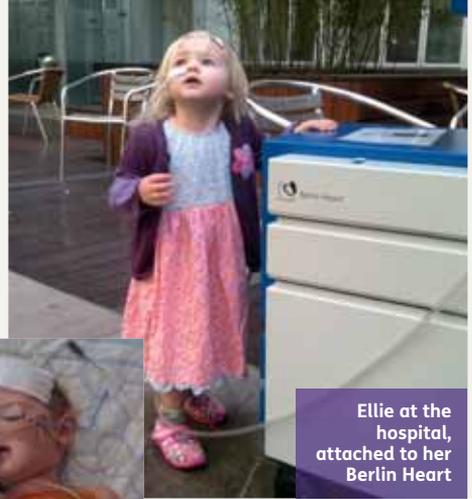
was made abroad and the transplant team flew out to inspect it. While they made their way back,

Ellie’s chest was opened – the longer the heart was out of the body, the harder it would be to start it.

After a seven-hour operation, Ellie was ready to be sewn up – but then her heart rate plummeted and her chest needed to be reopened.

“Two days after it was closed again, Ellie was taking her first steps!” says Debbie. “And after two weeks, we were home.”

Five weeks later, Ellie contracted a virus from the donor heart and spent a month at John Radcliffe. The virus was at risk of damaging her eyes but tests came back clear. Then in mid December 2011, at a



Ellie at the hospital, attached to her Berlin Heart



Just after the transplant

routine check at GOSH, doctors picked up that the virus had reactivated. Ellie’s peripheral vision had been damaged, but Debbie says: “If she hadn’t had the eye test that day, a month later she could have been blind.”

After four weeks of treatment, including a blood

“The hospital saved our daughter’s life”

transfusion on Christmas Day, Ellie could go home.

“She’s been really well,” says Debbie. The future is unpredictable but, Simon says: “She’s been given a second chance. The hospital – and the donor family – saved our daughter’s life, so they will always have a very special place in our hearts.”



Ellie now enjoys leading an active life

To donate to our Christmas appeal and help more children like Ellie, call 020 7239 3131 or visit gosh.org/donate

what was raised and how it was spent

We are delighted to report that this year, annual charity income was the highest it has ever been at £70.1 million, the majority of which was fundraised. This was 5.7 per cent ahead of last year.

The charity works hard to ensure that money donated is used to support the hospital where it needs it most. This includes the hospital's redevelopment

programme, research into breakthrough treatments, paying for vital equipment and funding welfare projects that would be unaffordable under purely NHS funding.

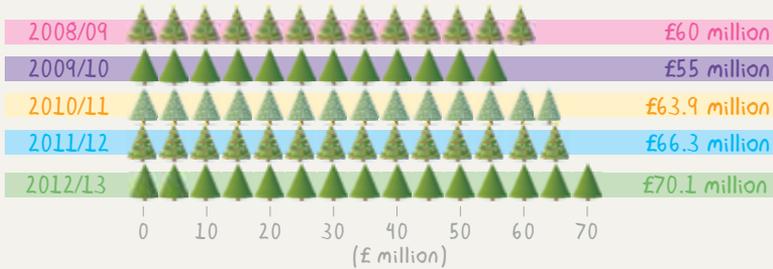


*Includes grants, auctions, tickets and sponsorship

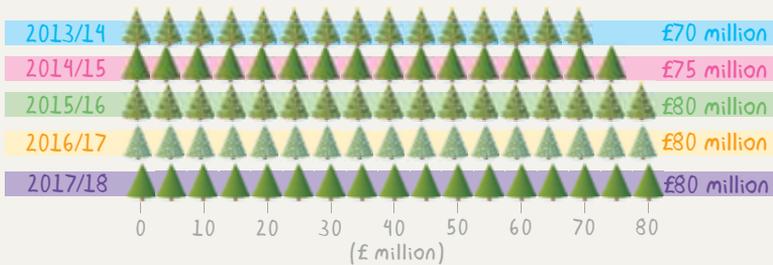


*The rest of the charity's income, less administration and fundraising costs, will be temporarily put into reserves, which are mainly used to fund the hospital's redevelopment programmes in order to transform the facilities.

total income raised



funding required



Patients and families are at the centre of everything the charity works for. The support we provide is only possible because of the generosity of so many people. Thank you to everyone who has fundraised, donated or volunteered for the charity over the past year. Without your contributions, we would not be able to help the hospital in its world-leading work for children.

A copy of the charity's *Annual Report* can be downloaded from gosh.org/about-us

Christmas Stocking Appeal raises £7 million in 10 years



Above: the paediatric angiography suite. Left: patient George and mum Jo read your messages

In the last 10 years, we've received around half a million Christmas stocking cards. The special messages of hope make a real difference to the children, families and staff here. The appeal has led to nearly 400,000 kind donations totalling over £7 million, so thank you for all your support. Here's just some of what you've contributed towards:

Redevelopment

The Morgan Stanley Clinical Building opened last year with much-needed facilities including assisted bathrooms for children with disabilities and the paediatric angiography suite, where ultrasound or X-ray images are used to guide keyhole surgery and investigations.

Research

Your donations are supporting a whole range of projects, from looking at reducing respiratory infections in children, to providing better diagnostics for childhood disease, and developing tests to identify children with life-threatening bacterial infections.

Welfare services

We have been able to fund play specialists, as well as the patient hotel, Weston House (below), where families of patients with a substantial recovery period or ongoing complex needs can stay to learn skills from hospital staff.



Equipment

You have helped buy a state-of-the-art heart/lung bypass machine, and incubators for transferring tiny babies from the ambulance to our intensive care unit. Funds have also gone towards a neurosurgery ultrasound scanner used during brain surgery.

...everyone who has donated, spread the word, baked a cake, run a marathon, or done anything in aid of Great Ormond Street Hospital Children's Charity. We can't include all of you, but here are some of the highlights, plus some upcoming fundraising events and ideas...



Louis with Lottie (front), who was treated by the hospital for a brain tumour, and actors Julian Fellowes, Penelope Wilton and John Standing

concert helps us look inside

Last year's Christmas Carol Concert raised £225,000 for the Look Inside initiative, which helps fund vital imaging equipment. Louis, eight, tells us about the event.

"The concert raises lots of money and the hospital needs lots of money!" said Louis, who was born with hydrocephalus and has had nine operations on his

brain. He is now doing well and was one of the patients to deliver a reading in between the carols.

"I read a poem about Father Christmas," said Louis. "I really loved doing it and felt very grown-up and special." A reception after the concert included special children's canapés and entertainment. Louis,

who enjoys LEGO and swimming (but not homework or vegetables), said: "There were three Wiis and a DJ in the kids' room. It was awesome!"

This year we hope to raise £375,000 towards new equipment. For tickets, see page 22



more thanks

We had a fabulous response to our summer appeal for donations towards the new surgery centre, due to open in 2017. The centre will provide specialist care in the best possible environment. Over 12,000 donations raised over £230,000 – so thank you once again.



“ Next year I'm going to... do more gymnastics
Angel, 11

“ Next year I'm going to... get out more and watch less TV!
Jack, 12



miles for a milestone



Luisa on the Ibiza bike ride

When our Senior Fundraising Executive Luisa reached 30 in good health, she didn't want to take it for granted. To mark her milestone birthday she took on six fundraising challenges for the hospital.

First up, in March, was the Nuts Challenge – an army-style assault course. In May, Luisa took part in a two-day cycle around Ibiza and in June, she ran the 5K Race for the Kids in Battersea Park. In July,

Luisa completed a London to Brighton night cycle ride and the 5K Color Run. Her final challenge in August was the 100-mile cycle race RideLondon-Surrey 100.

A big thank you to Luisa for raising over £1,300.

To mark a milestone birthday while supporting the hospital visit gosh.org/celebrate

surgery gift

Surgeon Joe Curry was among guests at a ceremony to unveil a plaque placed in the new surgery centre in memory of a woman who kindly left a legacy to the hospital.

Margaret 'Peggy' Healey was 100 years old when she died. As an adult, she had been treated by surgeon Sir Barry Jackson who was consultant surgeon at St Thomas' Hospital, London for 30 years before retiring in 2001. He was also Serjeant Surgeon to the Queen for 10 years.

Peggy and Sir Barry had subsequently stayed in touch and became good friends. Peggy stated in her Will that if Barry Jackson



Surgeon Joe Curry

survived her, as he did: "monies shall be distributed to those departments he shall decide".

The value of the gift is just over £160,000.

For information on updating or writing your Will to leave a legacy, email legacy@gosh.org or call 020 7239 3131



Charlie (front, second from right) taking part in the last Streetz show

dancing for charity

Streetz, a dance crew run by the mother of a boy treated at the hospital for a rare genetic condition, has been fundraising through its sell-out shows. Amy's son Charlie was diagnosed with medium-chain acyl-CoA dehydrogenase deficiency in 2005. The condition makes it hard for the body to break down fat for energy, leaving children feeling tired and sluggish, making them sick and leading to seizures. Streetz raises £300-£400 for the hospital's metabolic fund every year.

ambassador Annie

Annie (centre, back), who started supporting us through sponsored runs, is now a charity ambassador.

In September 2010, when Jack (pictured far right) was 10, his weight suddenly plummeted. Three months later, after a severe episode of vomiting and diarrhoea, Jack was rushed to hospital and diagnosed with a pancreatic endocrine tumour. The tumour was successfully removed and after four weeks at the hospital, including a Christmas that Annie described as “fantastic”, Jack was able to go home.

Annie then ran the 2011 London Marathon for the charity, raising a total of £21,000. She’s continued to run and also donates the proceeds from sales of her



annual fitness calendar. Jack also runs in the annual RBC Race for the Kids.

“Jack’s case was so severe and sudden,” said Annie. “It’s amazing to see him reach 13 and be so tall. If we didn’t have Great Ormond Street Hospital, he wouldn’t

Annie’s family at the RBC Race for the Kids

be here – so I want him to appreciate that, and give something back.”

As a charity ambassador, as well as doing her own fundraising, Annie helps to raise the profile of the hospital in her local area and encourages others to get involved in the charity: “A local restaurant now gives £1 to the charity for each meal sold and designer shops have donated clothes that I auction online. Lots of local mums have run sales or specific fundraising days. The charity gives me all the support I need – from letters, T-shirts and balloons to briefing me if I’m going to speak at a cheque presentation. It makes life very easy.

“I also meet with other charity ambassadors once every quarter. It’s a great honour to represent Great Ormond Street Hospital.”

To find out more about becoming an ambassador for us, visit gosh.org/become-an-ambassador or call 020 7239 3131

Top five Christmas ideas

Looking for ways to help us raise some extra funds for the hospital this Christmas? Here are our top five fundraising ideas for you to choose from:

1. Have a coffee morning with mince pies.
2. Hold a sponsored ‘wear a Christmas jumper or Santa hat’.
3. Suggest a desk decorating competition at work.
4. Do some carol singing for donations.
5. Organise a quiz.



For more top tips, ideas and materials, contact us on 020 7239 3131 or visit gosh.org/christmasfundraising

raising funds and spirits



Long-term supporter and Pearly King Alf Dole, who sadly passed away last May, raised over £8,000 for the charity. A collection was also held at his funeral.

Alf started fundraising for Great Ormond Street Hospital around South East London in the early 1980s.

His favourite haunt was Greenwich Market, where every Sunday he would arrive in his Pearly cab and serenade or play the spoons to passers-by.

“Alf was a people person

who cared deeply for others, whether family members or the children at the hospital, who he used to visit on Christmas Day,” said daughter Diane. “He was at his happiest singing and playing his spoons, which raised spirits and put smiles on others’ faces.”

A Brighter Future Fund is a way to remember someone special and help create a brighter future for our patients. Visit gosh.org/bff

Becky goes for Bronze

Former patient Becky, now eight, has been raising money for the hospital as part of her Scout award.

When Becky was just over one year old she was rushed to her local hospital with a severe asthma attack. Unfortunately, she was so small that doctors were unable to give her the medicines to treat the attack so she was rushed to Great Ormond Street Hospital (GOSH). Doctors were eventually able to give her the necessary specialised care she needed. Mum Lucy said: “It was all such a haze, she was kept sedated for about five days”.

Luckily Becky made a full



recovery and is now fighting fit. Like her brothers and sisters, she has become very involved in her local Beavers group in London. Last May, as part of her Chief Scout’s Bronze Award, she managed to hula hoop for 30 minutes, raising £283.56 for GOSH.

“ Next year I’m going to... ride my horses again Ellie, 16 ”



ideas online!

want to join in?

We organise a wide range of activities, services and fundraising events all year round. Here are a few:



→ **Christmas Carol Concert**
→ **10 December 2013**

From 6.30pm at St Paul's Church, Knightsbridge. Followed by a reception at The Berkeley hotel. Call **020 7239 3004** to book tickets.



→ **Iceland Fire and Ice Trek**
→ **9-13 July 2014**

Take on the challenge of crossing this dramatic landscape passing volcanoes, glaciers, geysers and more. Visit gosh.org/iceland

→ **Friends Members' Christmas Party 'The Snow Ball'**
→ **18 December 2013 2.30pm**

Our annual children's Christmas party for our young Friends members. Please contact friends@gosh.org for more information and to book.

→ **Round the Island cycle challenge, Ibiza**
→ **2-5 May 2014**

Push your pedal power to the max by joining us on an exclusive two-day cycle ride to raise funds for the HAIRraising appeal. Visit gosh.org/ibiza

Go online and find out about our exciting challenge events



sign up online

Visit: gosh.org/getinvolved
Call: 020 7239 3131
Email: supporter.care@gosh.org

Is your Christmas shopping list getting longer every day?



Then why not consider using our official charity credit card, and you can raise money for **Great Ormond Street Hospital Children's Charity** at the same time as making your purchases.



For more info go to www.gosh.org/creditcard

NEVERLAND IS CALLING

Thanks to JM Barrie's amazing gift to Great Ormond Street Hospital in 1929, every performance of *Peter Pan* benefits the hospital, so enjoy a great family night out and support us when you go along.



27 November – 20 December

Peter Pan, Redbridge Drama Centre, London E18
redbridgedramacentre.co.uk
020 8708 8803

29 November – 8 December

Peter Pan panto, Coliseum Theatre, Aberdare
coliseum.rct-arts.org
0800 014 7111

29 November – 8 December

Peter Pan panto, Muni Arts Theatre, Pontypridd
muni.rct-arts.org
0800 014 7111

30 November – 19 January

Peter Pan panto, Qdos, King's Theatre, Edinburgh
edtheatres.com/peterpan
0131 529 6000

3 December – 5 January

Peter Pan panto, First Family Entertainment, Liverpool Empire, Liverpool
ffe-uk.com / 0844 871 7627

6 – 30 December

Peter Pan panto, Rushmoor Borough Council, Princes Hall, Aldershot
princeshall.com
01252 329155

6 December – 5 January

Peter Pan panto, UK Productions, Blackpool Grand Theatre
blackpoolgrand.co.uk
01253 290190

6 December – 12 January

Peter Pan panto, First Family Entertainment, Theatre Royal, Richmond
ffe-uk.com / 0844 871 7627

6 December – 12 January

Peter Pan panto, St Helens Theatre Royal, Merseyside
sthelenstheatreroyal.com
01744 756000

7 December – 12 January

Peter Pan panto, Qdos, Theatre Royal, Nottingham
trch.co.uk / 0115 989 5555

10 December – 2 March

Wendy and Peter Pan, a new adaptation by the RSC, Royal Shakespeare Theatre, Stratford-upon-Avon
rsc.org.uk / 0844 800 1110

12 December – 12 January

Peter Pan panto, UK Productions, Bath Theatre Royal, Bath
theatreroyal.org.uk
01225 448844

13 December – 16 January

Peter Pan The Never Ending Story, spectacular musical
Arena Tour: Birmingham, Nottingham, Leeds, Manchester, Wembley, Glasgow, Newcastle
peterpan.is/en

13 December – 12 January

Peter Pan panto, Qdos, Grand Theatre, Swansea
swanseasgrand.co.uk
01792 475715

13 December – 5 January

Peter Pan panto, Spillers Pantomimes, Epsom Playhouse, Surrey
epsomplayhouse.co.uk
01372 742555

13 December – 5 January

Peter Pan panto, The Capitol, Horsham
thecapitolhorsham.com
01403 750220

14 December – 1 January

Peter Pan panto, Polka Dot Pantomimes, Princes Theatre, Clacton-on-Sea,
polkadotpantomimes.co.uk
01775 712359

14 December – 5 January

Peter Pan panto, Qdos, Lyceum Theatre, Crewe
crewelyceum.co.uk
01270 368242

17 December – 5 January

Peter Pan panto, Blue Genie Entertainment, Whitley Bay Playhouse, Tyne & Wear
bluegenieinfo.co.uk
0844 277 2771

21 – 28 December

Peter Pan panto, Enchanted Entertainment, Regent Theatre, Ipswich
ipswichregent.com
01433 433100

31 December – 4 January

Peter Pan panto, Park & Dare Theatre, Treorchy
parkdare.rct-arts.org
0800 014 7111



There may be many more not listed above, including local amateur productions, so keep an eye out for *Peter Pan* shows near you and don't miss out!

Christmas is coming...

There's still time to visit our online shop for a fabulous range of great value gifts and essentials, www.gosh.org/shop



🕒 Last standard posting date is December 16... so don't delay!

Charity gifts and clothing

Bernard Bear **£12**
Child and adult hoodies
From **£20**



Christmas cards

Jessy's Snowman **£4.50**
Designed by Great Ormond Street Hospital patient, Jessy, aged eight (pictured below).
Other designs From **£4.25**



Gifts for the family

Candles From **£3.50**
Biscuits **£9.99**
Diary **£3.75**



Alternative gifts

Gifts that give twice. The recipient receives a gift card and certificate and your donation is put to good use in the hospital.

You could help give one of our families a good night's sleep and let a poorly child stay close to mum or dad for example. **£50**



100 per cent of the profits from all of your Christmas purchases go to the hospital, so this year, by choosing to buy your cards and gifts from our shop, you are helping many of the children cared for at Great Ormond Street Hospital to **get better and get home**.

