



#RBCRacefortheKids Saturday 12 October Hyde Park

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EVENT INFORMATION

Thank you for signing up to Great Ormond Street Hospital Children's Charity's 5k family fun run, RBC Race for the Kids. We would like your day to be as enjoyable as possible and would therefore ask you to read the information below carefully.

Getting to Hyde Park

Pay and Display parking is available on West Carriage Drive and in car parks at either end of Serpentine Bridge. However, there are very limited places so we therefore advise you to arrive by public transport where possible. Please check your planned route with Transport for London in case of any engineering works or closures.

By tube

The tube stations that surround Hyde Park are Hyde Park Corner (Piccadilly line), Knightsbridge (Piccadilly line), Lancaster Gate (Central line) and Marble Arch (Central line).

Bv bus

Hyde Park is well served by a number of bus routes. Please visit tfl.gov.uk for more information on your specific bus route to the event.

Inside Hyde Park

We have included a map of Hyde Park and the RBC Race for the Kids route in this email. The event will be starting and finishing in the south of Hyde Park, close to the Will to Win Hyde Park Tennis Centre. The event village will be well signposted from Knightsbridge and Hyde Park Corner tube stations.

Event timetable

8.00am Event village opens
8.30am Race pack collection and baggage storage opens
9.30am Warm ups start
10.00am Race start
10.30am - 1.30pm Post-race entertainment including

2.00pm Event finishes

refreshments

Start line information

On registering for the event, we asked how you would be completing the course and you will have selected one of the following options:

- I will be running
- I will be jogging
- I will be walking
- I will be taking part with young children/ with a dog/ with a wheelchair/ with a pushchair or anything else on wheels.

You have been allocated a coloured runner number which corresponds with the option you selected. We will ask participants to make their way to the start line in waves based on these categories. This will help us get everyone over the start line as quickly and safely as possible. Please listen carefully to the MC announcements and please do not enter the start line funnel until your category has been called

I will be running

If you selected 'I will be running', you will have been allocated an **orange** runner number. We will ask anyone wearing an **orange** runner number who is intending to run the course to make their way to the start first.

I will be jogging

If you selected 'I will be jogging', you will have been allocated a **green** runner number. We will ask anyone wearing a **green** runner number who is intending to jog the course to make their way to the start line after the runners. Please wait to be called to the start line.

I will be walking

If you selected 'I will be walking', you will have been allocated a **blue** runner number. We will ask anyone wearing a **blue** runner number who is intending to walk the course to make their way to the start line after the joggers. Please wait to be called to the start line.

I will be taking part with young children/ with a dog/ with a wheelchair/ with a pushchair or anything else on wheels

If you selected this option, you will have been allocated a **blue** runner number. We will ask anyone wearing a **blue** runner number who is taking part with any of the above to make their way to the start line after the walkers. Please wait to be called to the start line.

Runner number and T-shirt

Please place your runner number onto the front of your t-shirt with a safety pin in each corner so it is clearly visible. Please make sure you complete the medical information on the back of this number before you arrive. We have sent you the T-shirt size you ordered when you registered – please note we cannot exchange T-shirts.

Children's wristbands

Children and infant packs* include a green wristband. Please write your parent/ guardian/responsible adult's name and phone number on this wristband and ensure it is worn throughout the event. In the unlikely situation that your child is lost at the event, the event management team can call this number to locate the parent/guardian/ responsible adult quickly and easily when they are found.

(*If you are in Team RBC, all packs will include a dark blue wristband for adults and children will receive a light blue wristband.Please include the parent/guardian/ responsible adult's name and phone number on all children's and infant's wristbands).

Information point

The information point will be located to the east of the event village.

Water stations

There is one water station along the route, as well as plenty of water available in the event village. This year we are aiming to cut down our plastic consumption and we ask that you bring along your own water bottle which you can refill on the site.

Baggage storage

We will be offering baggage storage at this event. We ask that to avoid any delays to starting the race that you arrive in plenty of time to deposit your belongings.

Changing facilities

There are no changing facilities at the event so please arrive ready to race.

Toilets

There will be toilet facilities in the event village and these will be clearly marked at the event site

Timing

There is no chip timing at the event but there will be a clock timer at the start and finish lines to help you record your time.

Refreshments

Tea, coffee, soft drinks and snacks will be available to purchase in the event village.

Litter

It is important that we keep Hyde Park clean. Please put all litter and cans in the bins provided or take them home with you.

Medals and goody bags

All finishers will receive a medal at the finish line. All children will receive a goody bag.

Who can I contact regarding fundraising?

Please contact us if you have any questions about your fundraising. You can call us on 020 3841 3270 or email us at raceforthekids@gosh.org. Alternatively, visit gosh.org/raceforthekids to check out our fundraising ideas and advice.

Photography

We hope to take some great pictures at this event and have a professional photographer attending. Pictures of you, your guests or children under your care may be taken by the professional photographer with a view to being used to thank those involved in the RBC Race for the Kids and for future online or offline promotional activities by Great Ormond Street Hospital Children's Charity. If we wish to use these photographs, and you feature prominently in the foreground, we shall ask you for your permission at the relevant time. If you do not feature in the foreground, we may not ask for permission prior to the photograph being used. If you do not want your picture (or those of any of your guests or children under your care) taken, please inform the photographer on the day.

Important information

Children and guests participating in, and attending this event remain the responsibility of the primary carer at all times. Children under 16 years of age on the event day must have parental consent to participate and be accompanied by a parent or guardian. Please note that you are taking part in this event at your own risk and should ensure you are able to participate safely.

We look forward to seeing you soon. Good luck with your fundraising!