

Winter 2014

lifeline



Great
Ormond
Street
Hospital
Charity

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**Ella learns about
the machine that
kept her alive
during surgery**

**read about
some amazing
changes at the
hospital**

**the twins saved
from a rare
disease with
your help**

thank you!

Regular monthly gifts allow us to plan for the future because we know that we will have a steady income stream day in, day out. These gifts help us support four key fundraising areas:

1. Redevelopment projects in the past year have included a new hospital reception. We have also made significant progress with the design of the Premier Inn Clinical Building – part of the Mittal Children's Medical Centre, where a new surgery centre will enable the hospital to carry out more procedures, giving more children a chance at life or a higher quality of life (see page eight).

2. Fantastic research successes include gene therapy for immune diseases, safer

pre-natal testing to avoid the risk of miscarriage, and avoiding antibiotic-associated deafness. Our priority over the next year is to support vital research projects in neurosciences, cancer, birth defects and intensive care.

3. New equipment includes an ultrasound machine, modern X-ray equipment and advanced technology to create tailor-made nutrition formulae for sick babies and children.

4. Patient and family support ranges from financial advice and spiritual counselling to accommodation for parents.

Thank you to all our donors who support us with a regular gift.



If you don't already make a regular gift to us each month and would like to set one up today, visit gosh.org/donate or call 020 7239 3131



hairraising salons go to all lengths for kids



Great Ormond Street Hospital Charity

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hello

66 Hi! I'm Ella and I'm 17.

When I was a baby, I was diagnosed with dilated cardiomyopathy.

I didn't ever feel that unwell as I just adjusted, but I couldn't do PE or go out at break times. My mum had to come on all my school trips. When I was 14, I needed a heart transplant. I didn't feel ready for it but I don't think I would have ever felt ready! The doctors and my parents changed my mind and I'm glad they did. It has changed my life. I'm so much more independent – I can be a

normal teenager. This summer I went on my first rollercoaster ride.

I'm hoping to become a paediatric nurse. I'd like to work at Great Ormond Street Hospital but I know there's a lot of work to do to get there!

In this issue of *Lifeline*, you can read about the machine that kept me alive during my transplant and about all the ways your support helps the hospital. I'll keep raising lots of money as well. Since my transplant, I've raised £6,000!

99

Ella

photography – cover/above: David Harrison

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The children's drawings in the background on this and other pages were created by patients at the hospital.

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fit for transplant with the help of HeartWare

»» Just a few months after becoming the first patient at Great Ormond Street Hospital (GOSH) to be fitted with an innovative portable heart device, rugby-loving Lewis (14) was able to have a heart transplant.

Unlike the better-known Berlin Heart (a large piece of equipment that would have limited his mobility), the HeartWare ventricular assist device (VAD) was small enough for Lewis to carry in a satchel-type bag. This meant he could move around in and outside the hospital, helping him to keep active while he waited for his transplant.

Lewis' problems started in March this year, when he developed a range of symptoms including a persistent cough, stomach ache, vomiting and weight loss. After a series of investigations at various hospitals, he was diagnosed with acute liver failure and then dilated cardiomyopathy – a condition where the heart becomes enlarged and weakened and cannot pump blood efficiently, which was the cause of all his other

symptoms. At GOSH, Director of Cardiothoracic Transplantation, Dr Michael Burch, discussed options for 'bridge-to-transplant' treatment, including the HeartWare device.

In August, Lewis was about to go home with the device (something he could not have done with a Berlin Heart) when a donor heart became available. Dad Tim said: "It was an amazing device that enabled him to get fit while awaiting his transplant. Post-transplant, he is doing well and was able to go home in less than two weeks."



Lewis with the portable HeartWare device, which is small enough to carry around in a bag (as above)

delicate procedures treat tiny tots

»» Placing central venous catheters ('lines') into the veins of babies weighing as little as a kilo is one of the services being provided in the hospital's new Lionhearted Interventional Radiology (IR) Suite. IR, less invasive than many other kinds of surgery, can be used to deliver treatments such as chemotherapy, liquid feeds and long-term antibiotics, treating conditions such as airway intervention, oesophageal dilation and abnormal blood vessels in the brain. Procedures are guided by ultrasound or X-ray images and are carried out in one of the suite's state-of-the-art 'angiography biplane' rooms (pictured below).

Thank you for helping make this possible.

To find out more about the next phase of our redevelopment project, visit gosh.org/redevelopment



fundraisers spread the word

>>> A new campaign this year will see our fundraisers located in shopping centres, supermarkets, garden centres and town centres across the UK for the first time, through a partnership with agency Charity Link. Fundraisers will be speaking with the public about the amazing work of the hospital and the charity's role in providing important funds for life-saving equipment, family support and accommodation, hospital redevelopment and ground-breaking research. Look out for our purple banners and feel free to stop for a chat!

If you have any questions about the campaign, email supporter.care@gosh.org or call 020 7239 3131

back from Bosnia

>>> Ten years after his first surgery at Great Ormond Street Hospital (GOSH), a Bosnian boy had a second major facial operation at the hospital, thanks to the continued support of British soldier Wayne Ingram.

Wayne first met Stefan when he was leading a British peace-keeping force in Stefan's home town of Banja Luka. Stefan was born with a block of bone in the centre of his face that meant his eyes and nostrils were too far apart.

With the help of Wayne's fundraising efforts, Stefan was first flown to the UK in 2003 for a 12-hour operation. A team led by surgeon David Dunaway removed the excess bone and moved Stefan's eye sockets and the two sides of his nose closer together. Before this, all Stefan's teeth had to be removed.

Stefan would always require follow-up surgery as

he grew older and this May, with Wayne's help again, he returned to GOSH.

"I'm feeling good," said Stefan, 15. "It helped that it was Mr Dunaway again – I knew I was in safe hands."

Wayne said: "In Bosnia, Stefan would not have had this surgery – that was very clear. I wanted him to have the same opportunities as every other child of his age."



Below: Stefan with Wayne in 2003.
Bottom: with David Dunaway this year, when he was cared for on Bumblebee Ward



talking to...



David Dunaway, Consultant Plastic and Reconstructive Surgeon

“I first met Stefan when he was a four-year-old boy. His determination and endearing character left a lasting impression on me. “I have often wondered how he has been getting on, so it's wonderful to

see Stefan now as a happy, confident young man – and the aim of this latest surgery was to improve his quality of life even further. “The operation involved replacing some of the metalwork that we inserted into Stefan's face in his first operation,

which had shifted slightly as his skull has changed over time.

“We also further corrected the shape of Stefan's nose, which involved a cartilage graft and nasal reconstruction.

“We've been able to transform his life with this surgery and give him the opportunities he deserves.”

”



from surgery to superstar

at Great Ormond Street Hospital (GOSH) saved Kelly's life, and at just four years old she took up judo. Last December, she gained a bronze medal in the Senior National Championships and joined the Senior GB Team.

She said: "I enjoy feeling fit, making friends from all over the world and, when you win, it's such a fantastic feeling!"

Kelly's ambition is to reach the Olympic Games.

>>> A former heart patient has grown up to be a judo player for Great Britain.

Kelly Staddon, now 19, was born with transposition of the great arteries, a condition where the two main blood vessels leaving the heart – the pulmonary artery and the aorta – are the wrong way round.

This meant that her blood was flowing to her lungs, picking up oxygen and then being pumped back to the lungs instead of travelling around her body.

Doctors and nurses

Kelly at the hospital as a baby (below) and with her collection of medals (above left)



successful summer

>>> Thank you to all of our supporters who donated to our summer appeals in June. The Lifeline appeal raised over £220,000 from 10,000 donations, which will go towards supporting the hospital's family welfare services. Thank you, too, to the thousands of supporters who responded to our garland appeal – the cards with your messages brightened up the hospital for patients here over the summer.

talking to...



Lisa, Foundation Trust Councillor

66 I stood for election because I wanted to be part of the journey at Great Ormond Street Hospital.

"I felt the hospital had given us a lot during the treatment of our son Sebastian and wanted to help make it an even better place. As Councillor for parents

and carers from London, I am involved in the annual and strategic planning process, which has been great. I've also been involved in the Membership Engagement Committee.

"There are a tremendous number of opportunities to get involved and the hospital welcomes our input. I would encourage you all to become members and to consider standing

for election. It really is a very fulfilling and rewarding role where you can have impact."

Our 2014/15 Members' Council election has just begun. To become a member, visit gosh.nhs.uk/foundation or call 020 7239 3131. If you are already a member, to nominate yourself as a candidate, email deirdre.leyden@gosh.nhs.uk or call 020 7405 9200 ext 5668

a £60m leap

»»» A £60 million gift has been made by the widow of Sheikh Zayed bin Sultan Al Nahyan (founder of the United Arab Emirates) – Her Highness Sheikhha Fatima bint Mubarak, who was represented at the hospital by Her Excellency Professor Maha Barakat. The gift enables us to make a massive leap forward in the development of the world's first centre dedicated to paediatric research into rare diseases – a partnership between Great Ormond Street Hospital (GOSH), our charity and University College London (UCL). It

will bring hundreds of clinicians and researchers together in state-of-the-art laboratory facilities on a site adjacent to the hospital and the UCL Institute of Child Health. The total cost of the centre, scheduled to open in 2018, is expected to be £90 million. The remaining cost is met by £20 million of fundraising income from the charity and a £10 million grant from the Higher Education Funding Council for England's Research Partnership Investment Fund.

All together, rare diseases affect one in 17 people. There are more



Her Excellency Professor Maha Barakat (left) with Baroness Blackstone, chair of GOSH

than 6,000 conditions in total, including childhood cancers, cystic fibrosis and muscular dystrophy. They are particularly prevalent in children and nearly one-third of children affected die before their fifth birthday.

For more on the new centre (Phase 3A), visit gosh.org/redevelopment

Dr Steer at the helm

»»» Dr Peter Steer has been appointed as the new Chief Executive of Great Ormond Street Hospital (GOSH).

Since 2009, Dr Steer has been Chief Executive of the Children's Health Queensland Hospital and Health Service in Australia – a group that includes the 200-bed specialist paediatric facility, the Royal Children's Hospital Brisbane.

"I am very excited to have the opportunity to be part of an organisation with such credibility that has done so much to change the outcomes for some of the sickest children in the UK, indeed in the world," Dr



Steer said. The current interim Chief Executive, Julian Nettel, will remain in post until Dr Steer relocates to the UK to join the hospital on 1 January 2015.

“The best thing about winter time is... hide and seek with Santa! Jessica, seven”



a new phase

The greatest redevelopment in the history of Great Ormond Street Hospital (GOSH) continues...

Phase 2B of our four-phase redevelopment is well under way. Our Breaking New Ground ceremony took place in September to mark the start of the construction of the Premier Inn Clinical Building – the second part of the Mittal Children's Medical Centre. The first part, the Morgan Stanley Clinical Building, opened in June 2012. The completed building, due to open in 2017, will have seven floors including a dermatology, rheumatology and infectious diseases ward, surgery centre, post-anaesthetic care unit and an extension to the Neurosciences Centre.

The new dermatology, rheumatology and infectious diseases ward at GOSH, which will form part of the Mittal Children's Medical Centre

Staff room

Assisted bathroom

Treatment room

Children's play and dining room

Six-bed bay

Single bedroom

Interview room

Thank you for supporting our neurosciences appeal. For more on the current projects, visit gosh.org/redevelopment

talking to...



Matthew Tulley, Redevelopment Director

“Redevelopment on the Great Ormond Street Hospital site is a really complex four-dimensional jigsaw. It's not as simple as delivering a new building – it's about keeping clinical operations going while that is going on and how you move on to the next phase, which inevitably involves enabling works, decamps and moving

more clinical services around. My role is to look at the master plan – thinking strategically and long-term about the overall position

“This is something long-lasting”

before breaking it into manageable milestones.

“We know a good hospital environment is also therapeutic – it helps patients get better

more quickly. It is really important that we work with the full range of stakeholders, from patients and families to nursing staff to health professionals and clinicians. They all have a different perspective.

“Without charitable support the tremendous benefits of the new hospital we are creating would be impossible to achieve. This is something long-lasting and very tangible. Being a tiny part of it is really exciting.”

”

TrimTots tackles obesity

Trials led by researchers at the UCL Institute of Child Health (ICH) have shown the success of a healthy-lifestyle pre-school programme called TrimTots

“The UK has one of the worst childhood obesity statistics across Europe,” says Atul Singhal, Professor of Paediatric Nutrition at the ICH and Honorary Consultant at Great Ormond Street Hospital. Children may be treated at the hospital if they develop obesity-related complications such as non-alcoholic fatty liver disease.

“Our own research suggests early childhood is a particularly pivotal time, during which dietary habits become established,” adds Dr Julie Lanigan, Paediatric Dietitian at the ICH. The scientists have developed TrimTots, trialled

over six months at 11 Sure Start Children’s Centres in Hertfordshire, parts of which have a high prevalence of childhood obesity.

In the first trial, which included only children who were obese or at high risk of becoming obese, TrimTots was successful at reducing body mass index (BMI), waist circumference and blood pressure in those on the programme, compared to children on a waiting list. The effect on BMI was maintained at a two-year follow-up assessment. A second trial did not exclude children on the basis of weight. It found no differences in BMI



TrimTots developers Atul Singhal and Julie Lanigan



between the two groups but there was a reduction in blood pressure, waist circumference and body fatness. The next aim of the project will be trialling on a larger scale. Professor Singhal says: “Crucially we have the published data showing that it reduces the risk of obesity.”

For more about pioneering research projects at Great Ormond Street Hospital, visit gosh.org/research



talking to...



Irene, mum of Edén, four

“I saw TrimTots advertised in my local children’s centre when Edén was 13 months old. Because the programme was based around research at Great Ormond Street Hospital and the UCL Institute of Child Health, I felt confident it would be worthwhile.”

“The sessions usually

began with something arty like a puppet show. Then we would sing, dance and exercise together. We played active games that got everyone running around, which the kids loved and, surprisingly, the parents did too.”

“At the end, the kids would sit down for healthy snacks and a drink. They could take what they wanted, rather than being forced to try everything. It was a fantastic way to

introduce Edén to a huge variety of foods that I wouldn’t have thought to try on a young toddler. I learnt about portion sizes for kids and that Edén should be doing at least one hour of exercise every day. Each time we went to a session, we found out something new.”

“Edén and I absolutely loved it. The simple techniques have had such a big impact on our lives. And it’s so much fun!”

”





two of a kind

Maggie was certain she was going to lose her twin boys Wojciech and Remi to a rare genetic disease, described on one website as 'untreatable'. But then they came under the care of Great Ormond Street Hospital (GOSH)

"Everything was fine until a 24-week scan showed one of the twins (Remi) had growth problems," says Maggie. "At 34 weeks, I had a planned caesarean section

took their blood. They let us go home but said they'd need weekly tests. A week later, they called to say the twins had low haemoglobin and would need a blood

transfusion. That was a huge shock. We were sent to Great Ormond Street Hospital

for more tests."

By then, Remi had a huge wound that at first looked like nappy rash. Maggie says: "The doctors couldn't tell what it was – but they

knew it wasn't nappy rash."

The day that GOSH called to ask Maggie to come in to discuss the test results, Remi developed breathing difficulties and

"It's hard to put into words how grateful we are"

had to be taken to his local hospital. He was admitted, and Maggie and the twins' dad Peter were sent home to get some rest overnight.

"When we got home, we had a letter from GOSH telling us they had Wiskott-Aldrich syndrome (WAS). I wasn't sure who to speak to there as it was very late – so I looked it up on the internet. I read an article saying it was untreatable..."

A couple of days later, once Remi was well enough, the family went to GOSH. Doctors explained WAS is a rare genetic disease. It was the cause of the twins' skin problems, low immunity and low platelets (making

"I could go to anyone with any question"

at our local hospital. The twins spent 19 days in intensive care and were doing well, but then the nurses noticed they were bruising easily when they



Wojciech (left in all pictures), mum Maggie, Remi, dad Peter and sister Zuzanna



"I read the messages in the stocking cards. It touched my heart"

them bruise easily) – and Maggie was the carrier. "The boys would need a bone marrow transplant, which would also involve chemotherapy, but they reassured us," says Maggie.

That Christmas, Remi contracted cytomegalovirus (CMV) – a type of herpes: "He needed intravenous antibiotics so he had a cannula in his hand and his skin was horrible. When we skyped our family in Poland we pretended Wojciech was also Remi. We hadn't told them they were ill."

When the twins were nine months, a donor was found. By then, Wojciech was least well so he would have the transplant first: "I stayed in his room on Fox Ward 24/7. Volunteers came every day to give me a break

and I had support from a psychologist and the chaplaincy. The nurses and doctors were amazing. I could go to anyone with any question."

Ten weeks later, Wojciech was able to go home but needed a lot of medication: "He didn't want to drink or eat – he was dehydrated and losing weight. One night, he looked swollen and started vomiting." Wojciech had an infection – sepsis – and

spent nine more weeks at the hospital. The family had a month at home together, then it was Remi's turn.

After the transplant, he was recovering well but nine weeks later he developed retinitis, caused by CMV, which can lead to blindness. But the hospital was able to treat it and a week later Remi was home at last.

"There's been a huge difference since they had the transplants," says Maggie. "Wojciech still has skin problems but not so bad. They have their eyes checked, but GOSH hopes that everything will be fine. This summer, we took them to see their grandparents for the first time – for nearly four years we'd pretended we were too busy."

"We've been at the hospital around Christmas for routine tests and read the messages in the stocking cards. It touched my heart."

"It's hard to put into words how grateful we are. GOSH saved their lives."

Being away from Zuzanna and one of the twins while the other was in hospital was tough for mum Maggie



the heart of the matter

"Hi, I'm Ella, Guest Editor of the Christmas issue of *Lifeline*. I'm interviewing Lead Clinical Perfusion Manager Alex Robertson as he knows all about setting up and running heart-lung bypass machines."

What is a perfusionist?

As perfusionists – or 'clinical perfusion scientists' – we're involved with the manipulation and support of how the blood circulates and how it pours through the tissues and organs of the body. The main thing we do is heart-lung bypass for open heart surgery, which is what we have this machine behind us for."

What different conditions do you treat?

We're almost exclusively involved with heart problems that children are born with – which range from a single hole in the heart to very complex congenital heart defects where lots of things are plumbed in very unusually.

What do you do during an operation?

We have to generate the conditions under which the function of the heart and

lungs is taken over by the machine, so the surgeon has access to a nice still heart. In the same way that a bypass road diverts traffic around a town, we divert the flow of blood away from the heart, send it round the bypass circuit, turn it from venous (deoxygenated) blood into arterial (oxygenated) blood and reintroduce it to the circulation.

How many patients do you help a year?

We perform about 550 open heart operations, but it's a very successful programme so the number of patients referred to us is growing all the time. Demand for the service is currently greater than our ability to provide it, so we have plans to expand by getting another heart-lung bypass machine and opening up another operating theatre. Then, we'll probably be looking at doing 600 to 650 operations a year, maybe beyond that.



How much will a new machine cost?

Cardiac surgery is quite an expensive hobby! With all the bits and bobs and bells and whistles, a new machine like this one will cost between £160,000 and £170,000. We'd be using it to do an extra 10 to 15 bypass operations a month.



gosh.org/lifeline


watch it
online



talking to...

**Lisa,
mum of
Ella, 17**

At seven weeks, Ella still wasn't feeding well and the health visitor wasn't happy, but our local hospital didn't find anything. Seven weeks later we got referred to another hospital for a second opinion. The same night, we were blue-lighted to Great Ormond Street Hospital (GOSH).

Ella had dilated cardiomyopathy - her left ventricle was big and weak so the heart wasn't pumping blood normally. There were lots of hiccups along the way and then at 14 her heart function got worse. She ended up in intensive care and GOSH said we should look at transplant. Four days after she went on the list, the hospital found a possible match.

The operation took seven-and-a-half hours. We were very lucky - Ella was out of intensive care in three days and home in 14. Ella still gets tired and has lots of medication but she can do pretty much anything that someone else her age can. Since Ella was diagnosed, we've raised £50,000 for the charity and now Ella raises money herself. Everyone at the hospital has been wonderful all the way through. They're a fantastic team.

What's the most difficult thing about your job?

Your phone rings in the middle of the night and you have to suddenly get up, be wide awake and rush in to work. That can be quite challenging, but it's a very small thing to have to overcome in order to do the work we do. Of course another aspect is that it's very sad when patients don't have the outcome you'd hoped for. But we succeed far far more times than not to get the outcome we want, so we carry on and things continue to improve over time.

What do you like about your job?

Pretty much everything else! It's very interesting, challenging and stimulating work. On top of that, it's very nice to know that you're helping people. It's tremendously rewarding.

To make a donation towards equipment, research, redevelopment and family welfare projects, please visit gosh.org/donate or call 020 7239 3131

99



from common cold to GOSH

Before Zikora fell ill at 13 months, he'd been a normal, active little boy. Mum Chenny says:

"It was one of those moments when you look at your baby and think, 'you're not behaving the way you're supposed to'. He was so placid. He'd had a cold so I rang the doctor and went for the appointment. The doctor's face said everything – he called an ambulance and we were rushed to the local hospital. They asked me lots of questions: Did he fall? Did he slip over? Then,

while they were doing a scan, he stopped breathing. Everyone was rushing about trying to resuscitate him. It was like *Casualty*."

Great Ormond Street Hospital (GOSH) sent their Children's Acute Transport Service (CATS – see panel far right): "They attached him to lots of equipment to keep him alive in the ambulance, he was taken to GOSH and

put on an ECMO (extra corporeal membrane oxygenation) life support machine. It was too much to take in in one day."

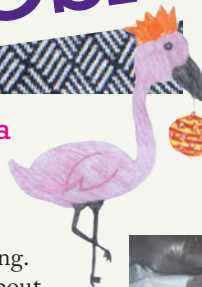
A biopsy showed Zikora had contracted a virus: "It was just a virus in the air but his cold meant his

"The doctor's face said everything"

immune system was down and it attacked his heart muscle – a condition called myocarditis."

Being on life support should have given Zikora's heart time to rest so that it would heal. Seven days later, when he was showing signs of recovery, he was taken off the machine. But, Chenny says: "Two days later, he relapsed. It took six minutes to resuscitate him."

After two more weeks on ECMO, Zikora needed to have a Berlin Heart until a donor was found: "It's the size of a massive trolley. You only go on that when your heart shows no sign of



Zikora on Flamingo Ward

recovery. I've never prayed so much. The chapel at the hospital was my home."

Then three weeks later a complication meant Zikora needed an eight-hour operation to temporarily take him off the Berlin Heart: "They were going to put him on it again when all of a sudden, his heart started functioning! Everybody was amazed."

Zikora was discharged on Christmas Eve: "He had lots of presents from GOSH! But the minute we left, I wasn't thinking about Christmas. I was scared to come home. We'd been so well looked after."

Zikora continued to recover but then: "BOOM! Nearly a year later, he had a stroke. He just fell to one side. I thought he was playing but he couldn't speak. I was heavily pregnant with twins but I ran to a friend's house who called an ambulance."

Zikora ended up back in

hospital. A blood clot had travelled to the left side of his brain but he was given medication and after a week of monitoring he was home again. "Now, they say he'll live a normal life. And his left side is gradually making progress. Great Ormond Street Hospital was heaven! There was someone to explain what was going on on a daily basis, every single hour. We had a place to stay

"We'd been so well looked after"

near the hospital, they provided us with canteen and car park vouchers – we didn't lack anything. These are things you're not thinking about when you come but it was brilliant."

To make a donation to help children who are in hospital at Christmas, call 020 7239 3131 or visit gosh.org/donate



talking to...

The Children's Acute Transport Service (CATS)

Dr Daniel Lutman, Consultant and Paediatric Anaesthesia Specialist (above left):

66 If a child is very sick in a local hospital with no intensive care unit, they call us. No one person can do the transfer to GOSH on their own – each team is commonly made up of a consultant, a nurse and an ambulance technician. I don't turn up, tell everyone to stand back, pull off my shirt and announce I'm Superman! We are all on the same team. It's about trying to do what's right for the child and making best use of everybody's skills. 99

Mark Clement, Advanced Nurse Practitioner (above right):

66 We are all from an intensive care background but we have to apply that to a mobile environment. We get the child onto our machines and our monitoring – we are very familiar with our machines, whether it's in an air ambulance, a land ambulance, A&E or in a theatre. Feedback from parents tells us that when the CATS team arrives, they feel a sense of calm and control. 99



Zikora with mum Chenny, twins Lotachi and Odera, and big sisters Dili and Ona

record year for fundraising

In 2013/14, a total of £74.5 million was raised to support the work of Great Ormond Street Hospital and the UCL Institute of Child Health. Thanks to your generosity, this was a record amount – up by 6.2 per cent from £70.1 million in 2012/13.

Most of this money was generated by fundraising activities including community fundraising, which raised more than £10 million for the first time. Supporters are often

particularly moved by the fact that many children have to spend Christmas in hospital, and last year's Great Big Christmas Stocking Appeal received almost 100,000 individual donations.

how the income was raised
Total £74.5 million
Overall income

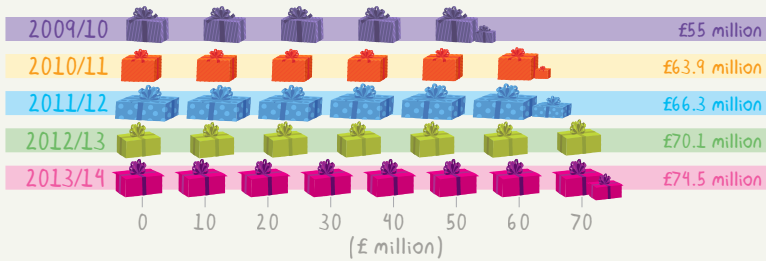


how the income was spent
£98.2 million*
Charitable expenditure

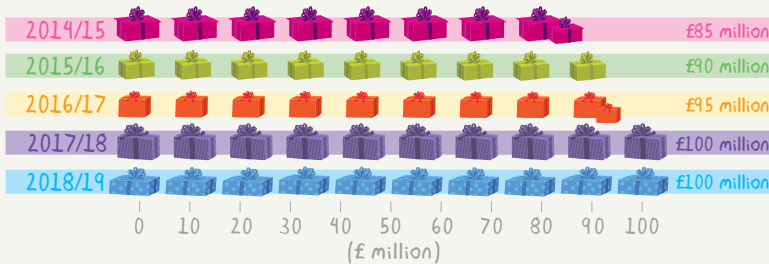


*A further £4m in other costs included the return of grants previously awarded that have not been fully used and the allocation of costs incurred by the charity to support and facilitate these charitable activities

total income raised year by year



what we need to raise next



Last year's income, together with a considerable sum of our reserves, enabled us to provide a total of £98.2 million for charitable activities in 2013/14, including the next stage of the redevelopment programme, which is helping to transform the hospital for the thousands of children who are treated there. We very much hope you can continue to support us so that we can build up our reserves again and turn our future plans into reality.

A copy of our annual report can be downloaded from gosh.org/about-us

talking to...



Tim Johnson, **Chief Executive, Great Ormond** **Street Hospital Children's Charity**

“I've been Chief Executive of Great Ormond Street Children's Charity for the past six years.

“It's been fantastic to see so much money raised to help the hospital do the best it can for sick children – your generous support has helped us make a real difference.

“Phase 2B of the hospital's redevelopment – the construction of the Premier Inn Clinical Building – began in September. This is the second of two buildings that comprise the

Mittal Children's Medical Centre, which will see the hospital's vision to provide modern facilities for all its acute inpatients become a reality, enabling parents and carers to stay comfortably by their child's bedside.

“For patients, there's nothing that can replace a parent or carer's support, and for parents, knowing they can be with their seriously ill child every second offers so much reassurance. The charity still needs to raise £20 million to ensure this phase is

completed successfully by 2017.

“We are also continuing to fundraise for much-needed medical research and equipment, as well as patient and family support, giving us a total fundraising target of £85 million this year.

“Thank you for everything you've done.”

Please use the Christmas stocking you received with this magazine to send a message of good-will to the children and staff at the hospital this Christmas. Thank you!



...everyone who has donated, spread the word, baked a cake, run a race, or done anything in aid of Great Ormond Street Hospital Children's Charity. We can't include all of you, but here are some of the highlights, plus some upcoming fundraising events and ideas...



Ruth's birthday gift

Ruth wanted to thank Great Ormond Street Hospital (GOSH), where she was treated for hip problems from the age of one until she was finally discharged at 17.

Not all teenagers would choose charity donations for their 18th birthday present, but Ruth, who raised £500, said: "I decided

that instead of asking for presents from friends and family this year, I would raise some money for GOSH. I owe a great deal to the hospital – my experiences there have shaped my life completely. As a direct result of all the X-rays and scans I've had, I decided to study diagnostic

radiography and have just started at Portsmouth University."

Mum Mary said: "Ruth's greatest achievement was completing her Gold Duke of Edinburgh award just 18 months after her last operation! I'm so thankful to the hospital for looking after my precious daughter."

Find out more about how you could make your birthday, wedding, anniversary or other occasion extra special by asking for donations to Great Ormond Street Hospital Children's Charity in place of gifts. Call 020 7239 3002 or visit gosh.org/celebrate

raffle hits £1.5m mark

>>> We'd like to thank everyone who has taken part in our raffle programme since it launched in March 2011 – you've helped us raise £1.5 million! We have two draws a year, in spring and autumn – don't miss the next one in March 2015. There are more than 20 prizes, including a top prize of £5,000.

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Autumn Raffle 2014

1st prize: **£5,000** cash
2nd prize: **£1,500** cash
3rd prize: **£500** cash
plus 20 runner-up prizes of **£50**

Closing date: Thursday 20 November 2014
Draw date: Thursday 27 November 2014

£1
TICKET

Great
Ormond
Street
Hospital
Charity

Illustration by GOSH patient, Louise, age eight.

Louise Age 8

To find out more or to request to receive our next raffle, call 020 7239 3131

a cool donation

»» All profits from sales of a new book published by DK are to be donated to our charity. *The Really Cool Activity Book*, aimed at children aged five and up, is packed with amazing activities, fascinating facts, doodles, and more than 300 stickers. Readers can learn about subjects such as animals, fireworks and the seasons through puzzles, games, drawing, colouring and quizzes.

The Really Cool Activity Book (£4.99) is available online at dk.co.uk



it's a winner!



The RBC Race for the Kids 2014 was the most successful year in the event's history.

More than 6,000 people took part in the 5k family fun run in London's Battersea Park, raising an incredible £800,000.

Patients and families were joined by famous names including Fatima Whitbread MBE, Chris Hollins, Kate Thornton, Dan Lobb, Michelle

Collins, Tina Hobley, Andy Akinwolere and Neil McDermott.

The event's title sponsor, Royal Bank of Canada, also got involved, with more than 1,300 of their staff, friends and family members taking part. The race was followed by family-friendly entertainment in the sunshine. All the money raised will go towards the hospital's vital redevelopment project, allowing us to replace cramped and outdated wards with modern state-of-the-art facilities, giving patients the comfort, space and privacy they need. A huge thank you to everyone who took part, volunteered or made a donation.

Register your interest now for the RBC Race for the Kids 2015 at raceforthekids.co.uk and be part of something amazing



“The best thing about winter time is... Christmas shopping!
Dominique, 15”

“The best thing about winter time is... building a gingerbread house.
Angelo, seven”



why I became an ambassador

Alex Davies became a volunteer ambassador for the charity in June.

“My son Harry was born three years ago with a cleft palate. He had to be fed through a tube and had trouble gaining weight. He had surgery when he was eight months old and again this year. Now, you would never be able to tell that anything was ever wrong with him. While he was in surgery in June, I visited the charity desk in the hospital’s Lagoon restaurant. I spoke to some of the fundraising



staff, who helped me realise the many ways I could help, depending on my situation and how much time I had.

“I filled out a simple form, attended a briefing and became an ambassador. Since then, I have cheered on runners at a 10k run, distributed posters to enhance the hospital’s presence, placed collection tins in work places and completed a 100km London to Brighton cycle, hoping to raise £800 for the hospital. It has been so rewarding to give something back to the place that gave me a healthy young boy.”

To find out how you can get involved visit gosh.org/ambassador

a brighter future for Badger Ward

Seema Mehta created a Brighter Future Fund in memory of her daughter, Geeta. It has fully funded an en suite bedroom in Badger Ward’s new respiratory unit.

“Geeta was a Great Ormond Street Hospital patient from when she was born in 1985. Sadly, in 2004, we lost Geeta when she was 19 years old.

“We knew we would be forever thankful to all the staff and particularly Professor Peter Clayton for giving us 19 special years

with our daughter. Giving back in Geeta’s name became very important to us and Geeta’s fund has raised over £115,000 through a variety of events, including a ball we hosted last May. It has also kept Geeta’s memory alive.

“We are so grateful to all our friends and family who came together to raise such a fantastic total. We are incredibly proud to be able to say that Geeta’s legacy will benefit so many others in such a positive way.”



To learn more about how a Brighter Future Fund can help create a brighter future for children and families at GOSH, visit gosh.org/bff or call 020 7239 3002

update your Will for free

Writing or updating a Will is a big decision and can be expensive. We've come up with a way to make it easier for you to do this, which is also free. If you call or email the National Free Wills Network, they can put you in touch with your nearest participating solicitor.



Alternatively, call or email The Goodwill Partnership and they can arrange for a counsellor to visit you at home.

Once you've considered all the important people in your life, we hope you will be inspired to kindly leave a legacy to our hospital, but with either service there is no obligation to do so.

To be put in touch with your nearest participating solicitor, call the National Free Wills Network on 0800 088 5504 or email info@nationalfreewills.net. To arrange for a counsellor to visit you at home, call The Goodwill Partnership on 01482 976 029 or email GOSHCC@thegoodwillpartnership.co.uk

Emma's part in our story

Emma Powney visited the hospital for the making of our legacy DVD, Be Part Of Our Story, produced to help show how leaving us a gift in your Will can help sick children for generations to come.

"My dad always discussed his legacies. When he became poorly, more so. He wanted to make everyone's life happy and lovely and wonderful.

"Looking at these children, they're all smiles. It makes me feel really proud to see first hand where my dad's money – his legacy – is going. Just being able to be part of it.

"Knowing that he's left something behind that's going to help so many people is just inspiring and amazing. I've lost him but I've gained something else.

"It's not the huge donations that always matter. It's the everyday people, the regular Joes, who want to say thanks in their Wills. My dad had his own business as a carpenter

and he saved up his money. He was a normal person who just wanted to help, and there's nothing nicer than helping the hospital and bringing back those smiles."

To talk in confidence about leaving a gift in your Will, large or small, email legacy@gosh.org or call the Legacy team on 020 7239 3105

“The best thing about winter time is... throwing snowballs! Callum, seven”



want to join in?

We organise a wide range of activities, services and fundraising events all year round. Here are a few...



→ Santa Run → 7 December 2014

Ho ho ho! Join more than 3,000 Santas for a 5k or 10k race around London's Victoria Park. Visit gosh.org/santarun

→ Christmas Carol Concert → 9 December 2014

Our annual Christmas Carol Concert for adults and children at St Paul's Church, Knightsbridge (6.30pm), organised by Great Ormond Street Hospital Children's Charity and the Carol Concert committee. Sponsored by Trailfinders. Followed by a champagne and canapé reception at The Berkeley hotel (7.30pm), with a luxury silent auction, plus children's canapés and entertainment. For tickets, call **020 7239 3096**

→ The Friends Snow Ball → 17 December 2014

Friends members and their families are invited to The Royal National Hotel, London WC1 (2–3.30pm) for a magical family party with toys, activities and entertainment for children of all ages. To reserve your place, call **020 7239 3131** or email christmas.party@gosh.org



→ Vitality North London Half Marathon → 15 March 2015

Be one of the first and run the new Vitality North London Half Marathon. Visit gosh.org/north-london-half



→ Round the Island Cycle Challenge → 1–4 May 2015

Push your pedal power to the max by joining us on an exclusive two-day cycle round the beautiful island of Ibiza. Visit gosh.org/ibiza



→ RBC Race for the Kids → June 2015

From pushchairs to grandparents, sprinters to walkers, everyone is invited to take part in our 5k family fun run. Register your interest now at raceforthekids.co.uk

→ Iceland Trek → 12–18 July 2015

Take on the challenge of crossing this dramatic landscape passing volcanoes, glaciers, hot springs, geysers and more. Visit gosh.org/iceland



Find out about more exciting challenge events online



Visit: gosh.org/challenges
Call: 020 7239 3164
Email: challenges@gosh.org

THE WAY TO NEVERLAND

Thanks to JM Barrie's amazing gift to Great Ormond Street Hospital in 1929, every performance of *Peter Pan* benefits the hospital. So enjoy a great family night out and support us when you go to see one of the many shows opening for Christmas, whether pantomime or musical!

20 November – 4 January

Peter Pan, The Watermill,
Newbury, Berkshire
watermill.org.uk
Box office 01635 46044

21 November – 14 February

Peter Pan, Polka Theatre,
Wimbledon, London
polkatheatre.com
Box office 020 8543 4888

28 November – 31 January

Peter Pan, Theatre by the Lake,
Keswick, Cumbria
theatrebythelake.com
Box office 01768 774 411

29 November – 3 January

Peter Pan panto (Polka Dot
Pantomimes), The Broadway,
Barking, London
thebroadwaybarking.com
Box office 020 8507 5607

3 December – 4 January

Peter Pan panto, Chelmsford
City Council, Civic Theatre,
Chelmsford, Essex
chelmsford.gov.uk/peterpan
Box office 01245 606 505

3 December – 11 January

Peter Pan panto (Evolution
Productions), Theatre Severn,
Shrewsbury, Shropshire
theatresevern.co.uk
Box office 01743 281 281

6 December – 4 January

Peter Pan panto (UK
Productions), Bournemouth
Pavilion Theatre, Dorset
bournemouthpavilion.co.uk
Box office 0844 576 3000

6 December – 11 January

Peter Pan panto (First Family
Entertainment),
King's Theatre, Glasgow
atgtickets.com/venues/
kings-theatre
Box office 0844 871 7648

10 December – 3 January

*The Pantomime Adventures
of Peter Pan* (Paul Holman
Associates), The Palace
Theatre, Newark, Notts
palacenewark.com
Box office 01636 655 755

11–14 December

Peter Pan (Mayhem Musical
Theatre Company),
Bloomsbury Theatre, London
thebloomsbury.com
Box office 020 3108 1000



11–20 December

Peter Pan (Northern Ballet),
Leeds Grand Theatre, Leeds,
West Yorkshire
northernballet.com/peter-pan
Box office 0844 848 2700

12 December – 4 January

Peter Pan panto (UK
Productions), Assembly Hall,
Tunbridge Wells, Kent
assemblyhalltheatre.co.uk
Box office 01892 530 613

12 December – 4 January

Peter Pan panto, The
Pavilion Theatre, Doncaster
Racecourse, South Yorkshire
doncaster-racecourse.co.uk
Box office 01302 304 265

16 December – 11 January

Peter Pan Goes Wrong (Mischief
Theatre Company), Lowry –
Quays Theatre, Salford,
Greater Manchester
thelowry.com
Box office 0843 208 6000



There may be many more not listed above, including local amateur productions, so keep an eye out for *Peter Pan* shows near you and don't miss out!

A big thank you.

By buying gifts from our Christmas shop, you are helping support thousands of sick children in the hospital's care.

There's still time to visit our online shop for a fabulous range of **great value** gifts and essentials, www.gosh.org/shop

Happy
Shopping!

❄️ Last standard posting date is 18 December... so don't delay!

Christmas cards

Hugo's Reindeer **£4.50**



Patient card by Hugo, aged three

Other designs **From £4.25**



Charity gifts and clothing

Bernard Bear **£12**



Child and adult hoodies
From £20

Bag **£7.50**



Gifts for the family

Snakes and ladders **£10**

Book **£5.99**

Diary **£3.95**



Alternative gifts

Gifts that give twice. The recipient receives a gift card and certificate and your donation is put to good use in the hospital.

For example, you could help give one of our families a good night's sleep and let a poorly child stay close to mum or dad. **£50**



100 per cent of the profits from all of your Christmas purchases go to the hospital, so this year, by choosing to buy your cards and gifts from our shop, you are helping many of the children cared for at Great Ormond Street Hospital **get better and get home.**

