

### **Any Spare to Share?**

By donating what you would have spent on small purchases, you'll be able to help the hospital through this crisis.



To get you started, here's a few examples of how your small acts of kindness will make a huge difference:

#### Cinema trip

**£13** could pay for one patient to have their spirits lifted at the hospital's magical Christmas party.

## Gym fees for a month

**£40** could pay for one night's stay in nearby family accommodation so parents can stay close by while their child is in hospital.

# Morning coffees for a year

**£130** could pay for everything a play team member needs for one day. Through play, these GOSH superheroes ensure children feel in control, calm, informed about what's happening, and most importantly, able to be children.

#### Taking a taxi

**£12** could fund an hour's production of specialist cells, which researchers in Manchester are using to develop new gene and cell therapy treatments to help cure children with Duchenne Muscular Dystrophy.

#### **Zumba** class

**£5** could cover building costs for one square inch of the new GOSH Sight and Sound Centre.

#### Yoga session

**£9** could pay construction costs for one square inch of new cardiac facilities, helping clinicians diagnose and treat some heart conditions without the need for open heart surgery.

#### **Eating out**

**£15** could pay for a day's supply of DNA sequencing services, helping find genetic mistakes and improve treatments for children born without an immune system.

## Public transport

**£200** could pay for a clever bunny toy that helps the play team explain medical procedures, like blood tests and intravenous drips, through play. These toys help prepare children for procedures, build their confidence and ease any anxieties.

Visit **justgiving.com/campaign/sparetoshare** now to donate your savings and help make a difference to the lives of seriously ill children.



Thank you!